



8 Tips for wearing your clear aligners when you head back to school

Back-to-school hacks to help you ace the semester with Invisalign® Clear aligners

Head back to school ready to ace the semester by following these back-to-school hacks for high school, college, or university. There's no need to worry about your aligners at school. We'll help you get the most out of your aligners. These tips will help you get the most out of your aligners.

1. Be ready to deal with potential awkward situations. At school, you'll have to deal with potential awkward situations. For the teacher, you'll have to deal with potential awkward situations. For the teacher, you'll have to deal with potential awkward situations. For the teacher, you'll have to deal with potential awkward situations. For the teacher, you'll have to deal with potential awkward situations.

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8. Don't be afraid to ask for help.

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6. Clean up your messes.

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4. Don't drink (or eat) with your aligners in.

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6. Schedule regular dental check-ups every 6 months.

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5. Wash up healthy snacks.

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4. Bring your aligner case with you everywhere.

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3. Don't drink (or eat) with your aligners in.

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7 Things That Happen When Wearing Aligners That Are Totally Normal

Aligner Invisalign® Clear Aligners of the Mouth

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