

## THE SCOOP ON ALL THINGS HEARING LOSS

From hearing loss signs and symptoms to treatments and tools, we've got the full scoop on how you can improve your hearing health and regain your hearing.



Hearing Loss Causes

Signs of Hearing Loss

Treating Hearing Loss

Hearing Loss FAQs

## THERE'S NO AHA MOMENT

Hearing loss creeps up on you gradually, and sometimes, you don't even notice it's happening. But just because it sneaks around with ring-like process doesn't mean there aren't any signs.

### What to Watch For

Or more specifically, what to listen for. Because people suffering from hearing loss tend to ask the same questions. Stuff like...

Can you hear the speech?

How can I tell if I have hearing loss?

And of course, there are other common signs to look for, which Dr. Shelby, Au.D., can tell you in our Just Click play below.

### ASK AN EXPERT

#### How Can I Tell if I Have Hearing Loss and Need Hearing Aids?



## 11 Common Signs of Hearing Loss

- Turning up the volume on the TV or a radio.
- Asking people to repeat themselves often.
- Hearing muffled hearing higher pitched sounds.
- FINDING it difficult to carry a conversation in a noisy environment, such as a busy restaurant.
- Avoiding social gatherings at all costs.
- FINDING it difficult to hear from a distance, like when someone's speaking from the other room or behind you.
- Experiencing a ringing, hissing, or roaring sounds in the ears (tinnitus).
- Missing a lot of other calls.
- Hearing off balance or dizzy.
- Having an "ear plugged" feeling.
- Thinking others mumble—or others telling you that you mumble or speak too loudly.

## What's the Buzz on Tinnitus?

Tinnitus is often described as a constant ringing, buzzing, whistling, roaring, or chirping—and it usually comes along with some hearing loss. There's no official treatment for tinnitus, but hearing aids can distract from the constant "ringing," and many Eargo users have reported a decline in the perception of their tinnitus.

### ASK AN EXPERT

#### What Can I Do About the Ringing in My Ears?



## Meet the Alter Egos

Living with hearing loss can sometimes feel like living with an alter ego. Any of these ring a bell?

- The Pretender**: You nod your head and smile to matter what because you can't understand what's being said.
- The Learner**: You catch yourself leaning forward to catch the conversation—even if the risk of toppling over toward the speaker.
- The Repeater**: You frequently ask people what they said or to repeat themselves because you missed it the first time.
- The Shuffler**: You move around a table or group of people to best position yourself to hear a conversation.

## Take the Next Step in Your Hearing Journey

- TAKE A FREE HEARING CHECK** [Shop now](#)
- FIT & FEEL BEFORE YOU BUY** [Get the sample](#)
- READY TO BUY EARGOS?** [Shop now](#)

## YOU MAY ALSO LIKE

- Signs & Symptoms of Hearing Loss** [Learn more](#)
- 6 Faces of Hearing Loss** [Learn more](#)

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Support

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