



**THE SCOOP ON ALL THINGS HEARING LOSS**  
 From hearing loss causes and signs to treatments and tips, we get the full scoop on how you can help improve your hearing health and return to hearing.

[Hearing Loss Causes](#)

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## IT'S NOT JUST ROCK CONCERTS

### HEARING LOSS IS CAUSED BY ALL SORTS OF THINGS.

(Though let's be real—rock concerts are the best reason.)

#### What Are the Most Common Causes of Hearing Loss?

Hearing loss is a common problem with many causes. In adults, it's most commonly a result of aging and exposure to loud noise—or as we like to call it, it's well-lived.



### Common Causes of Hearing Loss

- Aging**
- Exposure to noise over time**
- Unusually loud noise**

### Other Possible Causes of Hearing Loss

- Head injuries**
- Gene mutations**
- Ototoxic Medications**
- Sinusitis and certain medical conditions**
- Meningitis**
- Viral infections**

## What Causes Different Types of Hearing Loss?

Treating hearing loss depends on the type of hearing loss you have. These are the options.

#### Sensorineural Hearing Loss Causes

Most age-related hearing loss is sensorineural and happens gradually over time. It's usually the result of being so close to the loudspeaker, using loud tools, hearing a loud noise (through headphones, etc.) and general noise trauma (e.g., at gun shows) and hearing loss happened. Its normal processes and does not heal by hearing aids.

#### Conductive Hearing Loss Causes

Conductive hearing loss can be caused by damage to the eardrum or middle part of the ear, where they meet (e.g., from bacteria caused by a cold or sinus, infections, middle ear fluid, abnormal growths or damage to the eardrum). In most cases, conductive hearing loss is temporary and can be treated.

#### Mixed Hearing Loss Causes

Mixed hearing loss is a mix of—you guessed it—sensorineural hearing loss and conductive hearing loss. Some of it may be treatable by doctors, but some of it may not. Permanent hearing aids might be able to help.

## Prevent Hearing Loss with Good Habits

Wear ear plugs when working outside, going to concerts, working, or in any environment where you're exposed to loud noise. Your ears will thank you for it.

Turn down the volume on your headphones when listening to music. Repeat sessions to work-damaging your hearing.

## "Eargo Has Really Changed My Life for the Better"

Find out how this professional musician is tackling his hearing loss head-on.

### GET A FREE CONSULTATION TODAY

Do you suspect you may have some hearing loss? Try Eargo—the comfortable, virtually invisible, and rechargeable hearing aid that no one will know you're wearing—so help enhance your natural hearing abilities.

We have a team of hearing experts ready and waiting to talk with you about your hearing loss, hearing aids, and Eargo's unique solution. Call today at 1(800)333-6666.

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